

December 2018 Meal Plan

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|--|--|--|---|
| | | | | | | 1 Creamy Butternut, Bacon and Leek Pappardelle |
| 2 SC Easy Crock Pot French Dip Sandwiches | 3 Creamy Tomato Tortellini Soup | 4 Squash, Apple and Warm Lentil Salad | 5 SC Slow Cooker Beef Vegetable Stew | 6 Gnocchi Gratin with Gorgonzola Dolce | 7 Cornbread Topped Skillet Chili | 8 Creamy Salmon Bake |
| 9 SC Crockpot BBQ Bacon Ranch Chicken | 10 Cheesy Baked Ziti Green Salad | 11 Creamy Bacon Mushroom Thyme Chicken | 12 SC Cheesy Potato Soup | 13 Roasted Eggplant Salad with Smoked Almonds & Goat Cheese | 14 Vietnamese Carmelized Pork Belly Pasta | 15 Lasagna Soup |
| 16 SC Slow Cooker Beef Tips & Rice | 17 Roasted Vegetable Stuffed Shells | 18 Sheet Pan Maple-Dijon Chicken with Butternut Squash & Brussels Sprouts | 19 SC Slow Cooker Short Rib Sauce with Bucatini | 20 Roasted Carrot Salad with Hummus Vinaigrette | 21 Smothered Baked Chicken Burritos | 22 Winter Squash Soup |
| 23 SC Slow Cooker Stroganoff with Cream Cheese | 24 Quinoa with Carmelized Butternut Squash & Roasted Brussels Sprouts | 25 Merry Christmas! SC Glazed Ham & Honey Roasted Butternut Squash w/ Cranberries & Feta | 26 SC Slow Cooker Salisbury Steak Recipe | 27 Steak & Mushroom Pot Pie | 28 Chicken and Herb Dumplings | 29 Winter Squash Carbonara with Pancetta and Sage |
| 30 SC Crock Pot Orange Chicken | 31 Sweet & Spicy Cranberry Meatballs Or try these NYE Appetizers | | | | W30 = Whole30 P = Paleo V = Vegan | GF = Gluten-Free GGF = Gluten & Grain free DF = Dairy Free |
| Breakfast Options: | | Snack Options: | | Lunch Options: | | Dessert Options: |
| <ul style="list-style-type: none"> * Gingerbread Baked Donuts * Pomegranate Orange Scones * Apple Cinnamon Crepes (V, GF) * 25 Cinnamon Roll Recipes * 50 Slow Cooker Breakfast Recipes | | <ul style="list-style-type: none"> * Winter Wonderland White Chocolate Popcorn & Snack Mix * S'mores Snack Mix * 85 Amazing New Years Appetizers * 175+ Snacks Kids Will Love | | <ul style="list-style-type: none"> * Homeschool Lunches Made Easy * 30+ Quick & Easy Lunch Recipes * 150+ Gluten-Free Lunch Ideas * 39 Mason Jar Salad Recipes * Fall & Winter Grilled Cheese Recipes | | <ul style="list-style-type: none"> * Christmas Candy Ideas to make with your Kids * 29 Delicious Fudge Recipes * 55 Sweet Gingerbread Recipes * 25 Classic Holiday Treats |