

december 2016 menu plan

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|---|--|---|--|---|---|
| SC = Slow Cooker GF = Gluten-Free | GGF = Gluten & Grain free DF = Dairy Free | | | 1 30-minute Shepherd's Pie | 2 Tortellini Soup | 3 Rosemary Garlic Butter Steaks |
| 4 SC Black Bean Soup | 5 Philly Cheesesteak Lasagna | 6 White Chicken Chili | 7 SC Mongolian Beef | 8 Loaded Baked Potato Soup | 9 Easy Baked Taco Pie Green Salad | 10 SC Lentil Soup with Kielbasa |
| 11 SC Hobo Dinner in the Crockpot | 12 Spaghetti Bolognese Cheddar & Apple Winter Salad | 13 Simple Chicken & Rice Soup | 14 SC Super Tender BBQ Roast Holiday Salad w/ Cranberry Apple Orange Vinaigrette | 15 Broccoli Cheese Potato Casserole with Chicken Kiev | 16 Korean Style Pork Chops | 17 Easy Lemon Chicken Picata Lush Winter Salad |
| 18 SC Vegetable Soup | 19 Chicken & Dumplings Rice Bowl | 20 French Onion Soup | 21 SC Creamy Ranch Chicken | 22 Creamy Tomato Basil Soup | 23 SC Easy Garlic Roasted Chicken Apple Cranberry Walnut Salad | 24 Oven Roasted Smoked Sausage & Potatoes |
| 25 Merry Christmas! SC Glazed Ham & Honey Roasted Butternut Squash w/ Cranberries & Winter Salad | 26 Copycat Olive Garden Minestrone Soup | 27 Chicken Pot Pie Crumble | 28 SC Best BBQ Pulled Pork | 29 Corn & Chicken Chowder | 30 Homemade Chili | 31 SC Sweet & Spicy Cranberry Meatballs Try these NYE Appetizers |

Breakfast Options:

- * [40+ Gluten-Free Breakfasts Recipes](#)
- * [50 Slow Cooker Breakfasts](#)
- * [55+ THM "E" Breakfasts](#)
- * [45+ THM "S" Breakfasts](#)

Snack Options:

- * [30+ Family Movie Night Snacks](#)
- * [Clean Eating Real Food Snacks](#)
- * [Self-Serve Healthy Kid Snacks](#)
- * [175+ Snack Options](#)

Lunch Options:

- * Try these [15 Recipes for Teaching Kids to cook](#)
- * [150+ Gluten-Free Lunch Ideas](#)
- * [30 Quick & Easy Lunches](#)

Dessert Options:

- * [35+ Homemade Hot Chocolate](#)
- * [25 Classic Holiday Treats](#)
- * [25 Cookie & Candy Recipes](#)
- * [200+ GF Cookie Recipes](#)

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