

March 2015 Menu Plan

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 (SC) Irish Beef Stew Cornbread	2 Smothered Chicken Roasted Asparagus Salad with Maple Walnut Vinaigrette	3 Super Easy Family Friendly Chili Mac Green beans	4 Easy Chicken Fried Rice	5 (SC) Italian Beef Sandwiches	6 Chicken Enchilada Lasagna Southwestern Chopped Salad with Cilantro Dressing	7 Jamaica Allspice Apple Honey Pork Tenderloin Salad Oven-fried Okra
8 (SC) BBQ Bacon Ranch Chicken Kale and Apple Salad	9 Creamy Tomato Mac & Cheese	10 Crispy Bacon Grilled Cheese Rollups Tomato Soup	11 Butter Chicken Parmesan Roasted Green Beans	12 Mini Pot Pies	13 Pizza Pinwheels Green Salad	14 Chicken Enchilada Rice Casserole Salad with Honey Lime Vinaigrette
15 (SC) Salisbury Steak Baked potatoes Apple Cranberry Walnut Salad Buttered Bread	16 Polish Alfredo Garlic Bread	17 (SC) Chicken Tacos Spanish Rice Refried Beans	18 (SC) Beef Tips & Rice Cherry, Pecan and Goat Cheese Salad Potatoes	19 Chicken Parmesan Nuggets Italian Fries	20 Better than Takeout Sesame Chicken White or Brown Rice	21 Cowboy Casserole Salad with Garlic Herb Dressing
22 (SC) Italian Chicken Salad with Lemon Parmesan Vinaigrette Roasted Sweet Potatoes Garlic Bread	23 Easy Tomato Basil Soup Green Salad of choice Crackers of choice	24 Best Chicken Ever with Copycat Olive Garden Salad Pan-fried Zucchini	25 30-minute Skillet Lasagna Apple-Cranberry Coleslaw Salad Garlic Bread	26 Applesauce Chicken Carrot French Fries	27 (SC) Ranch Pork Chops with Mashed Potatoes Peas Salad with Lemon Poppy Seed Vinaigrette	28 Mongolian Beef over Rice with Steamed Broccoli
29 (SC) Crispy Slow Cooker Chicken Potato Salad with Green beans & asparagus	30 Sloppy Joe Tator Tot Casserole Salad with Outback Steakhouse Ranch Corn	31 Baked Meatballs w/ Rice Gravy Green Salad with Creamy Parmesan Dressing				SC = Slow Cooker GF = Gluten-Free GGF = Gluten & Grain free DF = Dairy Free
Breakfast Options:		Snack Options:		Lunch Options:		Dessert Options:
* Breakfast Bananas * GGF Peanut Butter Chocolate Chip muffins * Apple Fritter Breakfast Casserole * 50 Slow Cooker Breakfasts * 20+ Quick & Easy Breakfasts		* Cranberry, Almond & Maple Granola * Healthier Peanut Butter Balls * Honey Lime Fruit Toss *Check out these 175+ Snack Options		* Mac & Cheese Cups * Mini Sloppy Joe Pizzas * Quick & Easy Chicken Wrap * Brown Bag Burritos *Don't miss these 30 Quick & Easy Lunches		* Easy Mint Chocolate Brownies * S'mores Cookie Cups * Protein (Jello) Cookies * GFDF Hummingbird Cake * Almond Bliss Cookies